Example only. A fictional child, not a real person or record.

Sample Case File for Sam

Case File summary · version 1 · 23 Nov 2026

Born 14 Mar 2022 · 4 years 8 months

R = medical record · P = parent · T = care team

OUR QUESTION

"Sam used about 20 words at age 2 and then stopped using most of them. We want to understand why." P

SNAPSHOT

Doctors have said: Speech delay, low muscle tone as a baby P
Medicines: Melatonin P
Allergies: Amoxicillin R

MAIN CONCERNS

In our words	Clinical term	Started	Now	Source
stopped using words	Developmental regression	2 years 1 month	present	P
not putting words together	Delayed speech and language development	2 years	present	P
staring spells		3 years	present	P

3 more in Section B of the full Case File

GROWTH

Weight 16.2 kg (Oct 2026) [P] · Height 89.5 cm (Apr 2024) [R] · Head size 47.8 cm (Apr 2024) [R]

FAMILY

Yes; Who: Mother's brother; What: Seizures as a young child; Parents related by blood: No P

TESTING ON FILE

Chromosomal microarray · May 2024 (2 years 2 months) · "No clinically significant copy number changes detected." R
Fragile X (FMR1) · May 2024 (2 years 2 months) · "Normal. 29 CGG repeats." R
2 more in Section I of the full Case File

OUR TOP QUESTIONS

1. Is a broader test, such as exome or genome sequencing, worth doing now?
2. Sam lost words at 2 years 1 month. Does that change how soon we should be seen or what should be checked?
3. Are you satisfied with the EEG and MRI we have, or should either be repeated?

WHAT WE ARE ASKING FOR

A plan for which tests make sense next, and what we can start at home now P

SAMPLE